

Proclamation

City and County of San Francisco

WHEREAS, May 3, 2010 marks the launch of the National Physical Activity Plan and acts on the challenge of First Lady Michelle Obama's Let's Move campaign, which is aimed at ending childhood obesity; and

WHEREAS, regular physical activity has curative and protective health benefits that can improve the quality of life for everyone; children need regular physical activity in order to establish positive health habits and prevent future chronic conditions such as obesity; and

WHEREAS, San Francisco is a city that is taking a lead toward providing more recreational programs and services geared toward improving physical activity for all our valued residents; and

WHEREAS, Sunday Streets initiative creates safe places for active play and recreation; and

WHEREAS, the Mayor's Shape Up SF Physical Activity Council is researching city policies that impact people's ability to be physically active and developing related recommendations to ensure greater awareness, education, and preventative measures to address obesity and allowing for healthier outcomes; Shape Up SF organizes an annual Walking Challenge to engage, motivate and encourage physical activity among all SF residents; and

WHEREAS, on this day, citizens are encouraged to walk, bike or use public transportation as a healthy, environmentally friendly mode of transportation; and workplaces should encourage more physical activity opportunities for their employees; now

THEREFORE BE IT RESOLVED, that I, Gavin Newsom, Mayor of the City and County of San Francisco, to encourage all residents to become more physically active and support policies and programs that help them do so, do hereby proclaim May 3, 2010 as...

NATIONAL PHYSICAL ACTIVITY PLAN LAUNCH DAY

In San Francisco!



IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal of the City and County of San Francisco to be affixed.

A handwritten signature in black ink, appearing to read "Gavin Newsom".

Gavin Newsom
Mayor